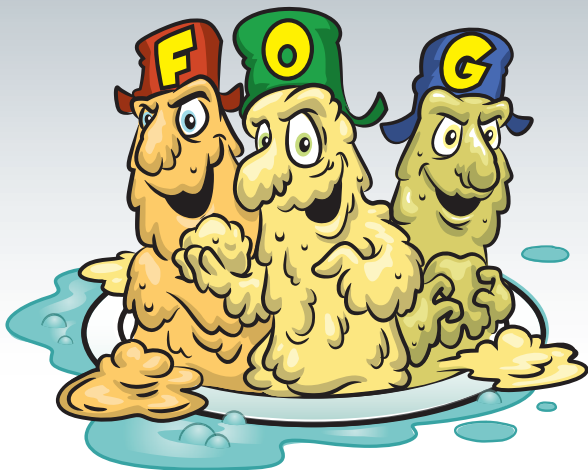


COMMERCIAL CUSTOMERS

English / Spanish / Chinese

FIGHT F.O.G.

Keep **Fats, Oils & Grease**
Out of Your Drain!



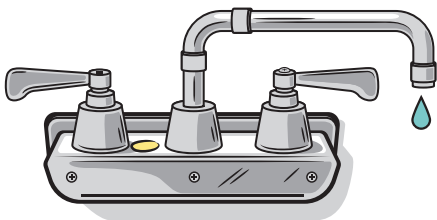
Plum Creek Water Reclamation Authority

4255 N. US Highway 85
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www.pcwracolorado.org



What is F.O.G.?

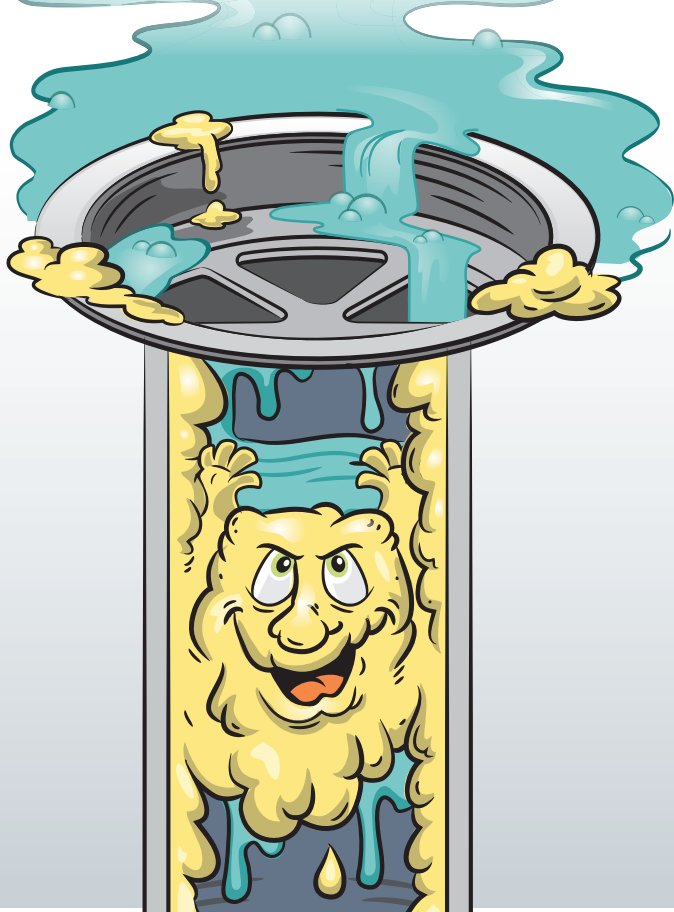
F.O.G. stands for Fats, Oils and Grease and are found in common food and food ingredients such as meat, fish, butter, cooking oil, mayonnaise, gravies, sauces and food scraps.





F.O.G. means trouble!

If not handled properly, F.O.G. can solidify and stick to the sides of your kitchen drains and sewer pipe. The most common accumulation comes from your daily dishwashing process. Over time, buildup of F.O.G. can plug your pipes and cause sewer back-ups for your business! Plum Creek Water Reclamation Authority's (PCWRA) Rules and Regulations prohibit the discharge of pollutants, including fats, oils and grease (FOG), which cause obstructions to flow in the wastewater system. PCWRA's Rules and Regulations require best management practices (BMPs) to be implemented for Food Service Establishments.



Best practices for a F.O.G. free kitchen

Install a grease interceptor

The best line of defense against FOG is to install a grease interceptor. A grease interceptor is a catch basin/storage system that helps prevent fats, oils, grease and food solids from entering the sewer system.



Maintain your grease interceptor

Grease interceptors are required to be pumped out and cleaned on a quarterly basis, or, when the interceptor accumulates more than 25%, by volume, of food and FOG, whichever occurs more frequently. Grease interceptors are required to be pumped by a grease hauler that is registered with PCWRA. Waste grease manifests are required to be retained for three years. For a list of approved haulers, contact PCWRA.



Installation of drain screens

All drainage pipes in food preparation areas are required to have drain screens installed. This includes kitchen sinks, floors drains and mop screens. Drain screens should be cleaned as needed.



Segregation and collection of waste cooking oil and grease

PCWRA requires all waste cooking oil and grease to be collected, segregated and stored properly in waste grease bins (WGBs) or similar devices. WGBs are required to be maintained to ensure that they do not leak and are weather-tight.



Kitchen signage

Signs shall be posted above all sinks prohibiting the discharge of oil, grease and food waste down the drains.



Dishes and disposal of food waste

Scrape dishes into the garbage. "Dry wipe" pots, pans, dishware and work areas before washing to remove grease and food wastes. Dispose of food wastes directly into the trash or garbage and not in the drain.

IT'S TIME TO FIGHT F.O.G.

Help keep Fats, Oils & Grease from clogging the wastewater pipes!



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THE RIGHT WAY

CORRECTO 正確做法

Wipe dishes, pots, pans and cooking equipment before rinsing or washing.

Limpie con papel los platos, ollas, sartenes y equipo de cocina antes de enjuagarlos o lavarlos.

在沖洗和洗滌鍋碗瓢盆和炊具之前應首先擦拭。



Put food waste into food recycling container or trash.

Coloque los restos de comida en contenedores para reciclar alimentos o en la basura.

將要棄置的食物倒在回收桶或垃圾桶內。



Collect waste oil and store for recycling. Clean up spills immediately.

Junte el aceite usado y guárdelo para reciclar. Limpie los derrames inmediatamente.

收集和貯藏廢油，以便日後回收利用。液體濺出後應立即加以清除。



Wash floor mats in a utility sink.

Lave los tapetes en un lavabo de servicio.

在洗滌槽內清洗地板墊。



Keep screens in all drains to catch food waste.

Coloque coladores en todos los desagües para retener los desperdicios.

所有的水池中都應有濾網，用於收集食物殘渣。



THE WRONG WAY

INCORRECTO 錯誤做法

Do not pour cooking residue into the drain.

No arroje por el desagüe los residuos de alimentos cocinados.

切勿將烹調後的鍋底殘渣倒入水池。



Do not put food waste down the drain.

No arroje los desperdicios de alimentos por el desagüe.

切勿將要棄置的食物倒入水池。



Do not pour cooking oil into the drain.

No vierta aceite de cocina directamente en el desagüe.

切勿將烹調後的剩油倒入水池。



Do not wash floor mats outside.

No lave los tapetes en el exterior.

切勿在室外清洗地板墊。



Do not remove screens from drains.

No quite los coladores de los desagües.

切勿移除水池中的濾網。





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